

प्रदेश लोक सेवा आयोग, बागमती प्रदेश

प्रदेश निजामती र स्थानीय सरकारी सेवा तर्फको स्वास्थ्य सेवा, अटोरिनोल्यारिङ्गोलोजी समूह, नवौँ तह, कन्सलटेण्ट इ.एन.टी. सर्जन पदको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

पाठ्यक्रमको रूपरेखा :- यस पाठ्यक्रमको आधारमा निम्नानुसार दुई चरणमा परीक्षा लिइनेछ :

प्रथम चरण :- लिखित परीक्षा (Written Examination)

पूर्णाङ्क :- २००

द्वितीय चरण :- अन्तर्वार्ता (Interview)

पूर्णाङ्क :- ३०

प्रथम चरण (First Phase) : लिखित परीक्षा योजना (Written Examination Scheme)

Paper	Subject	Marks	Full Marks	Pass Marks	No. of Questions & Weightage	Time	Remarks
I	General Subject	50	100	40	6 × 5 = 30 (Short answer) 2 × 10 = 20 (Long answer)	3 hrs	Note: One long Question and four short questions must be asked from group A. One long Question and two short questions must be asked from group B.
		50			4 × 5 = 20 (Short answer) 3 × 10 = 30 (Long answer)		
II	Technical Subject		100	40	4 × 15 = 60 (Critical Analysis) 2 × 20 = 40 (Problem Solving)	3 hrs	

द्वितीय चरण (Second Phase)

Subject	Full Marks	Exam Type	Time allowed
Interview	30	Oral	

- लिखित परीक्षाको माध्यम भाषा नेपाली वा अंग्रेजी अथवा नेपाली र अंग्रेजी दुवै हुन सक्नेछ ।
- प्रदेश स्वास्थ्य सेवा अन्तर्गतका सबै समूह/सबै उपसमूहहरूको लागि प्रथम पत्रको पाठ्यक्रमको विषयवस्तु एउटै हुनेछ । तर द्वितीय पत्रको पाठ्यक्रम समूह/उपसमूह अनुरूप फरक फरक हुनेछ ।
- प्रथमपत्रको लिखित परीक्षा समूह/उपसमूहहरूका लागि संयुक्त रूपमा एउटै प्रश्नपत्रबाट एकै दिन वा छुट्टाछुट्टै प्रश्नपत्रबाट छुट्टाछुट्टै दिन पनि हुन सक्नेछ । द्वितीय पत्रको परीक्षा पनि समूह/उपसमूह अनुसार अलग अलग दिन छुट्टाछुट्टै प्रश्नपत्रबाट हुनेछ ।
- प्रथम पत्रको Part I मा group A & group B का लागि छुट्टाछुट्टै उत्तरपुस्तिका हुनेछ र Part II को लागि छुट्टाछुट्टै उत्तरपुस्तिका हुनेछ भने द्वितीय पत्रको लागि प्रत्येक प्रश्नका उत्तरपुस्तिकाहरू छुट्टाछुट्टै हुनेछ ।
- यस पाठ्यक्रम योजना अन्तर्गतका पत्र/विषयका विषयवस्तुमा जसुकै लेखिएको भए तापनि पाठ्यक्रममा परेका कानून, ऐन, नियम तथा नीतिहरू परीक्षाको मिति भन्दा ३ महिना अगाडी (संशोधन भएका वा संशोधन भई हटाईएका) कायम रहेकालाई यस पाठ्यक्रममा परेको सम्झनु पर्दछ ।
- पाठ्यक्रम लागू मिति:

Paper I: General Subject

A. Management

1. Management: - concept, principles, functions, level, and role of managers in context to Hospital Management.
2. Planning: concept, principles, quarterly / annual action plan
3. Leadership: concept, leadership styles, Qualities of leadership
4. Human resource management
5. Conflict / Stress/ Burnout: concept, causes, levels of conflict and strategies for conflict, stress and burnout syndrome prevention and management.
6. Supervision, monitoring and evaluation
7. Performance appraisal
8. Motivation
9. Quality assurance on health care services
10. Clinical Audit
11. Clinical protocols on relevant health services and procedures
12. Coordination, cooperation and communication
13. Health Management Information System (HMIS)
14. Budget formulation and implementation,
15. Accounting, auditing and inventory management
16. Research: Evidenced based practice on health care services, Design, methodology of research. ethical issues
17. Good Governance: concept and characteristics

B. Relevant Legislations and Cross Cutting Issues

1. Provisions of Province Civil Service Act and Regulation of Bagamati Province
2. The Constitution of Nepal.
3. Current periodical plan of Bagamati Province
4. The Public Procurement Act, 2063
5. The Public Procurement Rules, 2064
6. The Prevention of Corruption Act, 2059
7. Money Laundering Prevention Act, 2064
8. Right to Information Act, 2064
9. Sustainable Development Goals.
10. Effectiveness of Service Delivery through Citizen Charter, Social Audit, Public Hearing, Grievance Handling and Information Technology,

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11. Social Inclusion, Reservation and Positive Discrimination

12. Public Health Service Act, 2075

Part II: General Health Issues

1. National Health Policy, 2076
2. Second long-term health plan (1997-2017)
3. Health services act 2053, health service regulation, 2055
4. Introduction of Ministry of Social Development of Bagamati Province
5. International health agencies: role and responsibilities of WHO, UNICEF, UNFPA and interagency relationships
6. Concerned Professional Council and related Act, 2052
7. Health professional Code of Ethics and Code of Conduct.
8. Indigenous and traditional faith healing and health practices
9. Health insurance and financing in health care
10. Public health: air pollution, domestic pollution, noise pollution
11. Importance of water, sanitation and hygiene in public health
12. Disaster preparedness plan and policy in the hospital and Province level
13. Health volunteers' involvement in health service delivery
14. Community involvement in health service delivery
15. Programme and activities of Government and NGOs of Bagamati province for the guardianless and shelterless destitute persons staying in a very difficult situation
16. Impact of the COVID-19 pandemic
17. Health in all policies
18. One health concept
19. Health Issues of 15th Five Year Development Plan

Second paper: Technical Paper

Full Marks: 100

1. EAR

- a. Otitis Externa
- b. Impacted Wax, Foreign Body
- c. Acute Otitis Media
- d. Glue Ear
- e. CSOM
- f. Vertigo
- g. Ototoxicity
- h. Congenital and Acquired Deafness
- i. Tumors of the Ear

2. NOSE

- a. Rhinitis
- b. Sinusitis
- c. F.B. Nose
- d. Epistaxis
- e. Nasal Polyp
- f. DNS
- g. Tumours of the Nose and Paranasal Sinuses

3. THROAT

- a. Tonsillitis
- b. Laryngitis
- c. Foreign Body Throat
- d. Acute Epiglottitis
- e. Cut Throat
- f. CA Larynx

4. General Medicine

- a. Bleeding Disorders
- b. Otogenic Neurological Diseases
- c. Cavernous Sinus Thrombosis
- d. Disorder of Cranial Nerves

5. Investigation

- a. X-Ray Ear, Nose and Throat
- b. C.T.Scan
- c. MRI
- d. Hematological Investigations
- e. Flexible Endoscopy
- f. U.S.G.
- g. FNAC
- h. Thyroid Scan